

MARYWOOD FRANCISCAN SPIRITUALITY CENTER

Volume 14, Issue 2 May - August 2021

Roots and Ripples



The Marywood Franciscan Spirituality Center engages persons seeking greater meaning in life and a deeper relationship with God, others, self, and all creation by providing space for inspiration, reflection and solitude.



11195 Marywood Cove • Arbor Vitae, WI 54568
www.marywoodsc.org
marywood.center@gmail.com

MARYWOOD STAFF

Director
 Development Director
 Artist
 Office Manager
 Staff
 Staff
 Staff
 Buildings/Grounds
 Adjunct Staff

Elizabeth Amman, OP
 Mary Ellen Green, OP
 Karen Kappell, FSPA
 Laurie Sullivan, FSPA
 Pat Pintens
 Rev. Grant Van Lishout
 Meg Earsley, FSPA
 Philip Theiler
 Marla Lang, FSPA



Sister Elizabeth



Sister Mary Ellen



Sister Laurie



Sister Karen



Grant



Sister Meg



Pat



Phil



Sister Marla

"Be praised, my Lord, through all your creatures, especially through my lord Brother Sun, who brings the day; and you give light through him. And he is beautiful and radiant in all his splendor! Of you, Most High, he bears the likeness." St. Francis of Assisi

MARYWOOD FRANCISCAN SPIRITUALITY CENTER

May- August PROGRAMS AND RETREATS

Marywood Operating Board

Chair:
Sister Rose Elsbernd,
FSPA
La Crosse, WI

Vice Chair:
Richard Huseby
Tomahawk, WI

Treasurer:
Dave Gaber
Rhineland, WI

FSPA Leadership
Liaison:
Sister Lucy Slinger,
FSPA
La Crosse, WI

Rev. Meredyth Albright
Rhineland, WI

Bob Beaurain
Camby, IN

Lisa Coon
Arbor Vitae, WI

Ron Cortte
Tomahawk, WI

Matt Johnson
Harshaw, WI

Sister Carrie Kirsch,
FSPA
La Crosse, WI

Christine Newkirk
Tony, WI

Adele Svetnicka
St. Germain, WI

Non-voting member:
Elizabeth Amman, OP
Arbor Vitae, WI

Dear Friends of Marywood,

Our sense of community has become very evident during this Covid time as we have been challenged and stretched into creative thinking. The pandemic has not stopped us from sharing the Word, working and facilitating programs, accompanying directees, and developing new events. We have learned new ways to be with one another, and you, our participants and supporters. Internet communication has changed the way we do business and, in many ways, enhanced it.

In this issue of *Roots and Ripples* you will note some new programs as well as some that are familiar. The staff's creativity in naming some of the programs is inviting; e.g., "Spiritual Mosquitos" and "Turning Upside Down." "Reaching in and Reaching Out: Our Call to Ecological Relationship" is a joint program by all three of our FSPA Spirituality Centers. If there is a topic that you would like to explore, let us know.

We have two guest presenters this summer. A nurse will share her story as she conquered her journey through addiction. Sr. Ramona Miller, OSF, will present "Mysticism in the Franciscan Tradition." This will take place at Holy Family Church in Woodruff.

Thank you for your continued support! Have a wonderful, memorable, and safe summer!

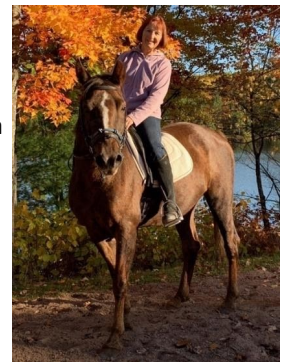
Elizabeth Amman O.P.
Director

Dear Friends of Marywood,

I must bid you adieu, for I am retiring this spring. Almost sixteen amazing years have come and gone and the friendships I have made along the way will last a lifetime! The wonderful people with whom I have connected have given me so much: their energies, their spirit, laughter, and serious conversations. I take away so much more than I could ever have imagined and here I thought it was just a job!

I have never worked with a staff that has been so loving, so spiritual, and so energized by their faith! They have been wonderful! Marywood has been a cove in the storm of life - the staff, the people who come, the cabins and the nature that surrounds us here, it all adds up to the best experience of my adult life!

But there's a time in your life when you know that your energy is only so much and I am feeling the need to spend more time with my husband; my family and friends; my horse and my dog; and nature. I also want to take the time to dig deeper into my own spirituality. So, I say goodbye with all my heart to you, to the staff and the FSPAs who have created this special space here in the Northwoods. I will indeed miss all of this, thank you for the memories – Susan Fredenhagen



MARYWOOD FRANCISCAN SPIRITUALITY CENTER

May- August 2021 PROGRAMS AND RETREATS

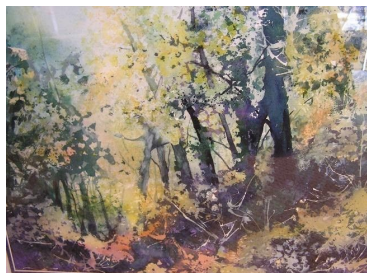
“Watercolor and Mixed Media: The Fun of Mixing Paint Media”

May 3 - 5 Monday – Wednesday

9:00 a.m. - 3:00 p.m.

Presenter: Karen Kappell, FSPA

These programs are independent of each other, but all involve traditional water color combined



with other water media. The attendee needs to bring watercolors, brushes, 140# paper, masking tape and paper toweling. The added mediums of gouache, metallics, and brusho will be supplied.

Each day will be independent of the other so the attendee can choose which and how many days to attend at \$40 each day. Bring a bag lunch. *Pre-register by April 26*

May 3: Monday 9:00 a.m. - 3:00 p.m.

Watercolors and Gouache Paints: Watercolor, which is mostly transparent color, and gouache, which is an opaque watercolor can work very well together to create visually striking paintings. We will work with the two media to explore some possible combinations in a landscape painting.

May 4: Tuesday 9:00 a.m. - 3:00 p.m.

Watercolor and Metallic Paint: Using watercolors and metallic on both white and black watercolor paper. Metallics can give a shimmer to the painting through several layers of watercolor

May 5: Wednesday 9:00 a.m. - 3:00 p.m.

Watercolor and Brusho Paints: We will learn how to use the fine powdered pigments and then apply them with traditional watercolor paints to produce a colorful field of flowers and grasses.

**For information on
Marywood's
accommodations and
staff,
please visit:
www.marywoodsc.org**

“Clean Up, Clear Out: Make Some Soul Space”

May 6, 2021

Thursday 9:30 a.m. - 12:30 p.m.

(via Zoom)

Presenter: Pat Pintens

Feeling squeezed in - or out - by “stuff” you no longer use or need? Let's make some soul space in our lives by exploring the nature of clutter, its unhealthy effect on our bodies, minds and spirits, and how to “clean up and clear out” what squeezes out our physical, emotional and spiritual energy. *Register by Thursday, April 29. (\$20)*



Embracing Creation LIVE

An Experiential Day in Creation

REGISTER AT

WWW.MARYWOODSC.ORG

7am - 8:30am Migrating Bird Hike

9:00-10:30am Springtime Foraging

11:00- Noon Foraged Lunch and Treats

Noon-1:30pm Meditative Prayer Walk

2:00 - 3:30pm Kayaking in Creation*

**Concluding Campfire
and Prayer of Gratitude to the Creator**

Embracing Creation Guides: Meg Earsley, FSPA, Beth Piggush, Pat Pintens and Grant Van Lishout

\$50 for Full Day

includes foraged lunch and treats.

Choose single excursions for \$20 per event.

***Bring your own kayak
or request one from Marywood (based on availability.)**

MARYWOOD FRANCISCAN SPIRITUALITY CENTER

May- August 2021 PROGRAMS AND RETREATS

"Hope Rising out of the Pandemic"

May 11, Tuesday 9:30 – 11:30 a.m.

(via ZOOM)

Presenter: Marla Lang, FSPA

The challenging months of 2020 left fragility in many forms of life on this planet. Together, we will examine



hidden and visible forms of fragility, as well as budding experiences of new hope. Your preparation: seek out new forms of life as well as its fragile nature in

your setting! *Register by May 10 (\$20)*

"Common Heart; Common Planet"

May 21, Friday 9:30 - 11:30 a.m.

(via ZOOM)

Presenter: Grant Van Lishout

We live on a diverse planet. There are commonalities between people from various cultures, tribes, and religions. What is it that you yearn for in life for our neighbors and our planet? We will share and hear wisdom of the heart from people of all walks of life. *Register by May 7. (\$20)*



ter in La Crosse, WI.

Registration Fee: \$5,

register at [https://](https://fsc.retreatportal.com/)

fsc.retreatportal.com/

[events](https://fsc.retreatportal.com/events). All proceeds

will be donated to

Catholic Climate Cov-

enant.



MAY 22, 2021

Reaching In & Reaching Out

Our Call to Ecological Relationship

Discover your relationship with
the Creator and all of creation.

Sponsored by:
Franciscan Sisters of Perpetual Adoration
Franciscan Spirituality Center
Marywood Franciscan Spirituality Center
Prairiewoods Franciscan Spirituality Center

"Reaching In & Reaching Out: Our Call to Ecological Relationship"

May 22, Saturday 9 a.m. - Noon

In today's world of isolation, we feel a call in our hearts to create connections of love and hope. Join us as we deepen our relationship with the Creator and all of creation in a day of discovery, play, reflection and inspiration. This three-hour program will include online prayer, discussion, and offline reflecting including interacting with nature in your own environment. **This is a collaborative event with Marywood Franciscan Spirituality Center in Arbor Vitae, WI, Prairiewoods Franciscan Spirituality Center in Hiawatha, IA, and the Franciscan Spirituality Cen-**

Give your heart time to catch up with your life.

This year has seen much turbulence: in society, in our economy, and maybe even in our families. Give your spirit, heart, and soul time to catch up with your life.

We invite you to consider a private directed retreat staying in one of our cabins.

**Contact our Arrangements Coordinator
at marywoodsc@fspa.org or**

(715)385-3750 x1

MARYWOOD FRANCISCAN SPIRITUALITY CENTER

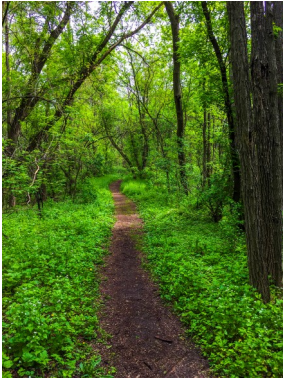
May- August 2021 PROGRAMS AND RETREATS

"When the Earth Speaks"

May 26, Wednesday 9:30 – 11:30 a.m.

(via Zoom)

Presenter: Pat Pintens



"The heavens declare the glory of God, and the firmament proclaims his handiwork" (Psalm 19:1). What else might "the heavens ... and the firmament" be "proclaiming" to us about the universe, ourselves, life and God? Let's explore ways to "Stop, look, listen", and hear how the earth is speaking to us. *Register by May 20 (\$20)*

"Vacation with a Purpose"

Watercolor/Mixed Media Workshop

May 30- June 4

9:00 a.m. Monday- 3:00 p.m. Friday

Presenter: Karen Kappell, FSPA

Monday: Rice papers and watercolors

Tuesday: Metallics and watercolors

Wednesday: Watercolor, watercolor pencil, and acrylics with rice and hand-made paper

Thursday: Textural Supports of layered papers

and watercolors

Friday: Textural Supports of embedded natural elements.

Come, explore ways to use watercolors with water and non-water based media to create a variety of surfaces to paint on. You might bring incomplete paintings to work on in a different way. Bring a bag lunch. Workshop for the week: \$200 or \$40 each day. Workshop with cabin stay (private room in shared cabin): \$475. Deposit \$100. *Register by Monday, May 3.*



"From Wild Man to Wise Man: Reflections on Male Spirituality"

May 31, Monday

(Memorial Day)

June 30, Wednesday

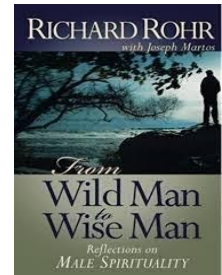
July 30, Friday

August 30, Monday

9:00 - 10:30 a.m.

(via ZOOM)

Facilitator: Grant Van Lishout



Attention Men: This program is an ongoing discussion of the chapters of the book, From Wild Man to Wise Man by Richard Rohr. It addresses male spirituality from a Christian perspective and how it evolves from the wild stage of life to the second/wisdom stage of life. The more sessions you make the easier it will be to follow along. *Register for the series by Friday May 28. (\$20 for each session)*

"An Unlikely Addict, One Nurse's Journey Through Addiction"

June 2, Wednesday 6:30 pm - 8:00 p.m.

(via ZOOM)

Guest Presenter: Kristin Waite-Labott, RN



Join us for an inspiring evening and learn more about one woman's transformative journey through substance use disorder, more commonly known as addiction. Kristin has been an RN since 1991. After losing much to alcohol and drug addiction, she turned her life

around. She now works as a behavioral health nurse, has published a book, *An Unlikely Addict*, about her story of recovery, writes a blog on issues surrounding addiction,

TO REGISTER

715-385-3750 X1

MARYWOODCENTER@GMAIL.COM

CREDIT CARDS ACCEPTED (2.75% PROCESSING FEE)

MARYWOOD FRANCISCAN SPIRITUALITY CENTER

May- August 2021 PROGRAMS AND RETREATS



“The Fatherhood of Saint Joseph”
June 8, Tuesday 9:00 - 10:30 a.m.
(via ZOOM)
Facilitator: Grant Van Lishout
 Who is this man who married the Mother of Our Lord? Who is this man who was chosen to raise Jesus and be a significant part of salvation history? Who is this man whom Pope

Francis declared the year of 2021 the year to honor? Come and find out! *Register by May 25 (\$20)*

“Turning Upside Down”
June 15, Wednesday 9:30 – 11:30 a.m.
(via ZOOM)



Presenter: Marla Lang, FSPA
God seems to be showing up differently now, in quite unimaginable ways. What spark of insight or whiff of the divine are we catching in prayer, in action, and in others? Has COVID-19 put

us in a new place or has it huddled us up in fear? How can we be on the lookout for God's creative action? *Register by June 14 (\$20)*

“We Will Survive By Sharing”
June 17, Thursday 9:30 – 11:00 a.m.
(via Zoom)

Presenter: Pat Pintens

“We Will Survive by Sharing” is the title of a reflection from theologian, storyteller and lecturer Megan McKenna. At times we struggle to believe we will have enough money, time, space, resources, opportunities, etc. As risky as it seems, McKenna says sharing is the only way we and the earth will survive. Let’s explore the risky

behavior of sharing, especially when we might be feeling a lack. *Register by June 10. (\$20)*

“Let’s Go Ride A Bike (Weather Permitting)”

June 22, Tuesday
Rain date: June 24, Thursday
9:30 a.m. – 2:30 p.m.

Presenter: Pat Pintens

“Life is like riding a bicycle - in order to keep your balance, you must keep moving.” (Albert Einstein) Do you need some balance in your life? Come ride with us. We'll gather at the intersection of County M and County N just south of Marywood, begin our trek with a short prayer, and stop for lunch (Dutch treat) and reflection in Sayner before returning. Bring a bike, water, etc.

*Register by June 24.
(\$10)*



Leaving a Legacy

Thank you for supporting the Marywood mission. Please consider remembering us in your will. A bequest established today guarantees a vital lifeline for our future.

Another opportunity available at this time is a Charitable IRA Distribution.

Because the charitable rollover completely avoids the donor's tax return, the donor can effectively get both the standard deduction and the charitable contribution deduction.

As you reflect on various gift options, it is best to consult a financial advisor.

Marywood Franciscan Spirituality Center is owned and operated by Franciscan Sisters of Perpetual Adoration of La Crosse, Wisconsin, a 501(c) 3 not-for-profit charitable organization. All contributions are tax deductible as the law allows.



MARYWOOD FRANCISCAN SPIRITUALITY CENTER

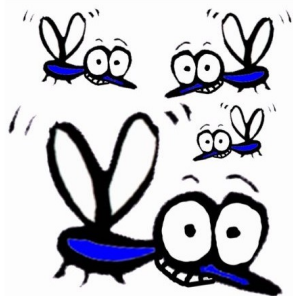
May- August 2021 PROGRAMS AND RETREATS

“Spiritual Mosquitos”

June 29, Tuesday 9:30 - 11:30 a.m.
(via Zoom)

Presenter: Pat Pintens

Mosquitos are irritating, whether they are biting us or looking for a place to land on us. Sometimes we find ourselves battling small irritations in our lives, irritations as pesky and persistent as mosquitos. What do we do? Try to swat them away? Look for bug spray? Or learn important life and/or spiritual lessons from them? It's up to us. *Register by June 23. (\$20)*



“Vacation with a Purpose “

Beginning Watercolor: Week Workshop
July 5 - 9, Monday- Friday 9:00 a.m. - 3:00p.m.
Karen Kappell, FSPA



This five-day program is for those who want to experience watercolor for the first time or to expand beginning skills. We will explore the enchantment of water and watercolor paints. Feel free to bring supplies you already have or wait for suggestions on what to

purchase. This workshop isn't just about working with techniques but about **enjoyment** of happenings that occur in watercolor and the beauty of color itself. Don't worry about supplies as many will be provided if this is your first time with the media of watercolor.

MONDAY: **Introduction** to basic materials and initial trials on different papers. Brushes - types and strokes, watercolor paints

TUESDAY: **Basic Techniques** : washes, glazes, hard and soft edge. These will be applied to a simple floral painting.

WEDNESDAY: Interaction of water and paint: wet into wet, dry brush applied to a landscape

THURSDAY: Preserving whites: block-out techniques applied to a floral painting

FRIDAY: Creating textures the easy way. Applied to a seascape.

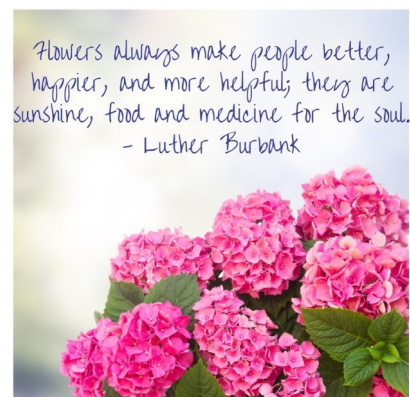
Workshop for the week: \$200.00 (\$40 each day)
Limit of eight participants each day. *Register for workshops by June 28.* If arrangements are needed for a cabin, contact the main office. Those staying in cabins are responsible for their own meals. Bring a bag lunch if commuting.

“Food for the Soul”

July 13, Tuesday
9:30 – 11:30 a.m.
(via Zoom)

Presenter: Pat Pintens

Dorothy Day wrote:
“Food for the body is not enough. There must be food for the soul.” Walking in a flower garden, a flower shop, or along a northern road is an easy way to nourish one's soul for “Bread feeds the body, indeed, but flowers feed also the soul.” (The Koran) Let's feed our souls by taking a virtual walk with the Creator of the very first garden. *Register by July 7 (\$20)*



TO REGISTER

715-385-3750 X1

marywoodcenter@gmail.com

CREDIT CARDS ACCEPTED

(2.75% processing fee)

MARYWOOD FRANCISCAN SPIRITUALITY CENTER

May-August 2021 PROGRAMS AND RETREATS

**“Seeking the Emerging New” July 15, Thursday
9:30 – 11:30 a.m.**



(via ZOOM)
Presenter: Marla Lang, FSPA

Endless recycling of fixed thinking can sometimes become “thought dust!” We die before we die! We will explore some

ways to see beyond the boundaries of ourselves with a strong sense of wonder, questions and yet trusting in Holy Mystery together! *Register by July 13 (\$20)*

**“What is Spiritual Direction and is it for Me?”
July 20, Tuesday 6:30—8:00 p.m..**

(via ZOOM)

Facilitator: Elizabeth Amman, OP

Have you ever wondered how God is working in your life? Have you ever wanted to talk to someone about your God journey? If you can answer yes to either of these questions, spiritual direction/guidance may be for you. Come to this introductory session and get your questions answered about this practice of “holy listening.” *Register by Friday, July 16. (\$20)*



**“What Children Can Teach Us about Spirituality”
July 27, Tuesday 9:30 – 11:30 a.m.**

(via ZOOM)

Facilitator: Grant Van Lishout

When Jesus said, “Let the Children come to me for theirs is the Kingdom of God,” he recognized them as important spiritual beings. Children have an openness, trust, and uniqueness that can teach adults about our own spirituality, if we only listen. *Register by July 13 (\$20)*



“Come to the Campfire”

July 29, Thursday 7 – 9:00 p.m.

(Alternate rain date Tuesday, August 3)

Facilitator: Pat Pintens

Summer and campfires just seem to go together. They draw people together. Come enjoy campfire songs, stories, poems, conversation, fellowship and s’mores on the shores of Trout Lake. Bring your folding chair and mosquito repellent (if you use it). *Register by July 23. (\$20)*



**“Wisdom from the Ammas”
July 21, Wednesday 9:30- 11:30
(via ZOOM)**

Presenters: Pat Pintens and Mary Ellen Green, OP

We might say of wisdom what St. Augustine said of beauty: “O beauty, ever ancient, ever new!” The “Ammas,” Desert Mothers, have often been overlooked or overshadowed by the Desert Fathers, yet the “ever new” wisdom gained by these ascetics in early Christianity speaks to our 21st century lives. Explore how their ancient wisdom can renew our lives. *Register by July 16 (\$20)*



OUTREACH AVAILABLE: LET US COME TO YOU

You choose: whole day, half day, evening

We will bring our retreats to your church or organization and will work with you to create a retreat in your setting.

For further information, contact Marywood Outreach Coordinator:

*Rev. Grant Van Lishout
715-385-3750, Ext 3*

MARYWOOD FRANCISCAN SPIRITUALITY CENTER

May - August 2021 PROGRAMS AND RETREATS



“Enhancing Painting with Combination of Pastel with Watercolor”

August 1-3, Monday - Wednesday

Presenter: Karen Kappell, FSPA

August 1, Monday 9 U'a " - 3:00 p.m.

Using watercolor as an underpainting for an additional overlay of pastels. If you have any unfinished or disappointing watercolor paintings this could be a day of redemption for them, so bring what you term “failures”

August 2, Tuesday 9 U'a " - 3:00 p.m.

Combining watercolor and pastels for an impressionistic result of the capture of a sunlit field

August 3, Wednesday 9 U'a " - 3:00 p.m.

Capturing the movement of waves on a stormy day

These programs are independent of each other, but all involve traditional water color combined with soft pastels. The attendee needs to bring watercolors, brushes, 140# paper, and masking tape and paper toweling and, if they have them, soft pastels. Each day will be independent of the other so the attendee can choose which and how many days to attend at \$40 each day. Bring a bag lunch. *Register by July 26*

TO REGISTER

715-385-3750 X1

marywoodcenter@gmail.com

CREDIT CARDS ACCEPTED

(2.75% processing fee)

“Healing from the Ground Up”

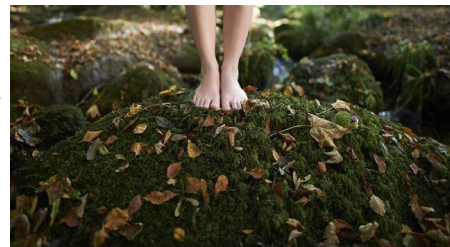
August 5, Thursday 9:30 – 11:30 a.m.

(via Zoom)

Presenter: Pat Pintens

The past year and a half has left many of us feeling like we’re standing on “shaky” or “unfamiliar”

ground. In times of uncertainty the literal ground we stand on – the “earth itself”- can be a source of healing, strength, comfort and so much more, leading us back to wholeness and holiness. Come experience healing from the ground up. *Register by July 29 (\$20)*



“Your Inner St. Francis”

Sunday, August 8 (via ZOOM)

2:00 - 4:00 p.m.

OR

Tuesday, August 24, 2021

9:00 – 11:00 a.m.

Facilitators: Elizabeth Allen and Grant Van Lishout

Peace, Goodness, Creation, Simplicity, Inclusivity, Gospel-Centered, Servanthood, Hospitality --- if any of these resonate with you, then you might have a little bit of the spirit of St. Francis in you. Discover ways you can nurture your inner St. Francis, connect with others, and live out the St. Francis charism. *Register by Monday August 2 / August 10 (\$20)*

Our special guest, Elizabeth Allen, has served as the Director of Affiliation for the Franciscan Sisters of Perpetual Adoration since 2018 and has been an affiliate of the community for the past 15 years. Her educational background includes both counselor education and pastoral ministries, working in hospital chaplaincy and bereavement services for over a dozen years. She is very excited to be able to collaborate with the Marywood Franciscan Spirituality Center and share her love of integrating Franciscan values into our daily lived experiences.



MARYWOOD FRANCISCAN SPIRITUALITY CENTER

May- August PROGRAMS AND RETREATS

“What Dogs Can Teach Us about Spirituality”

August 17, Tuesday 9:30 - 11:30 a.m.

(via Zoom)

Facilitator: Grant Van Lishout



Many are familiar with the saying, “A dog is a man’s best friend.” The wisdom and model of our best friends might also teach us more about ourselves and the way we treat each other. It’s a zoom pro-

gram. You will have an opportunity to introduce us to your favorite dog (s). *Register by August 3 (\$20)*

“Seeking and Savoring God’s World”

August 19, Thursday 9:30 – 11:30 a.m.

Presenter: Marla Lang, FSPA

To live with the vision of God is about attention, awareness and seeing with the vision of God, seeing more than we currently see. Seeing as God sees becomes an invitation to inhabit God’s world, notice it, and cherish it. Let’s savor some of this world’s wonder and goodness. *Register by August 17 (\$20)*



“Praying Our Troubling Emotions “

August 26, Thursday 9:30 – 11:30 a.m.

(via Zoom)

Facilitator: Pat Pintens

Emotions, both “positive” and “negative” are part and parcel of being human. Yet we often find ourselves struggling with or against certain “negative” emotions, for example: anger, jealousy, sadness, depression, etc. Nonetheless, these “negative” emotions carry important messages for us. Learning how to pray our “negative” emotions opens us to the messages and the gifts they offer us. *Register by August 19. (\$20)*



SAVE THE DATE!

**Annual
Golf
Scramble
August 12, 2021**



Looking ahead...

ICON RETREAT/ WORKSHOP

Gabriel the Archangel

September 12-18, 2021

7:00 p.m. Sunday - 1:00

p.m. Saturday

Facilitator: Barb Lawless

Icon writing/painting is a meaningful prayer practice and an art form with a rich, inspirational history. At this workshop, each participant will write/paint an icon of Gabriel the Archangel. No painting experience is needed. All materials and supplies are provided. By the end of the week, participants will have a beautifully completed icon varnished and ready to display. The \$650 resident fee includes a private room in a shared cabin and all meals. \$475 for commuters includes one meal a day. *Register by Friday, September 3. Include a \$100 deposit with registration.*



“Canticle of St. Francis Retreat”

November 5 - 7, 5:00 p.m. Friday - 11:00 a.m.

Sunday

Presenter: Pat Pintens

“Be praised” St. Francis cries out in his canticle naming the sun, moon, stars, wind, water, earth and all living creatures as “brothers” and “sisters.” This retreat will give us time to pray with our “brothers and sisters” and learn more about their ways and the wisdom they offer us. Fee: \$260 for a private room in a shared cabin, commuters \$150. Beginning and ending meals provided. *Register by October 27, 2021. Include a \$100 deposit with registration.*





11195 Marywood Cove - Arbor Vitae, WI 54568

PRSRT STD
US POSTAGE
PAID
EAGLE RIVER WI
PERMIT NO 7

“Mysticism in the Franciscan Tradition”

July 10, Saturday 10 a.m. – 2:00 p.m.

Guest Speaker: Ramona Miller, OSF

This event will be held at Holy Family Catholic Church in Woodruff, WI

Mysticism is *experiential knowledge of spiritual things*. Franciscan mysticism is a trustworthy and simple—though not necessarily easy—path precisely because of its application to the ordinary person. Franciscanism is truly *a sidewalk spirituality* for the streets of the world, a path highly possible and attractive for all would-be seekers. You don’t need to be celibate, isolated from others, highly educated, or in any way “superior” to your neighbor. In fact, it is much better if you are none of these. During our time together, Sister Ramona will present aspects of Franciscan mysticism and how it applies to one’s everyday life. Bring a bag lunch and be ready to be inspired!

Register by July 6 at 715-385-3750 x1 or

marywoodcenter@gmail.com

(Free-will offering)

